



Welsh Karate Governing Body Ltd
Corff Llywodraethol Karate Cymru Cyf

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CODE OF ETHICS

The WKGB want to ensure that children and adults are protected and kept safe from harm while they are with Coaches or Volunteers. We do this by requiring all to operate under this general Sport and Recreation Code of Ethics.

Coaching

The purpose of this Code of Ethics is to establish and maintain standards for sports coaches and to inform and protect members of the public using their services.

Ethical Standards comprise such values as integrity responsibility competence and confidentiality. Members of the WKGB in assenting to this Code accept their responsibility to performers colleagues and the WKGB and to society. In pursuit of these principles sports coaches subscribe to standards in the following areas:

1. Issues of responsibility
2. Issues of Competence

This Code of Ethics is a framework within which to work and is a series of guidelines rather than a set of instructions.

1. Issues of Responsibility.

Sports Coaching is a deliberately undertaken responsibility and sports coaches are responsible for the observation of the principles embodied in this Code of Ethics.

Humanity

- 1.1** Coaches must respect the rights dignity and worth of every human being and their ultimate right to self-determination. Specifically coaches must treat everyone equally within the context of their activity regardless of sex ethnic origin religion or political persuasion.

Relationships

- 1.2** The good WKGB coach will be concerned primarily with the well being, safety protection health and future of the individual participant. There must be a balance between the development of performance and the social emotional intellectual and physical needs of the individual.

- 1.3 A key element in a coaching relationship is the development of independence. Performers must be encouraged and guided to accept responsibility for their own behaviour and performance in training in competition and their domestic academic or business life.
- 1.4 Coaches are responsible for setting and monitoring the boundaries between a working relationship and friendship with their performers. This is particularly important when the performer is a young person. The coach must realise that certain situations or friendly words and actions could be misinterpreted not only by the performer but also by outsiders (or other members of a squad etc) motivated by jealousy dislike or mistrust and could lead to allegations of misconduct or impropriety.
- 1.5 Where physical contact between a coach and performer is necessary part of he coaching process coaches must ensure that no action on their part could be misconstrued and that any WKGB guidelines on this matter are followed.
- 1.6 The relationship between coach and performer relies heavily on mutual trust and respect. This means that the performer should be aware of the coaches qualifications and experience and must be given the opportunity to consent to or decline proposals for training, performance or competition.

Commitment

- 1.7 Coaches should clarify in advance with performers the number of session's fee's and method of payment. They should explore with performers the expectation of the outcome of coaching. Written contracts may be appropriate in some circumstances.
- 1.8 WKGB coaches have a responsibility to declare to their performers any other current coaching commitments. They should also find out if any prospective client is receiving instruction from another teacher/coach. If so the teacher/coach should be contacted to discuss the situation.
- 1.9 Coaches who become aware of a conflict between their obligation to their performers and their obligation to the WKGB must make explicit to all parties concerned the nature of the conflict and the loyalties and responsibilities involved.
- 1.10. Coaches should expect a similar level of reciprocal commitment from their Performers. In particular the performer (or guardian) should inform the coach of any change in circumstances that might affect the coach/performer relationship.
- 1.11. Coaches should receive appropriate acknowledgment for their contribution to the performers progress and achievement. Where money is earned from performances, it is reasonable to expect the coach should receive an appropriate

share of the rewards, Such apportionment should be agreed in advance to avoid any misunderstanding.

Co-operation

- 1.12** WKGB coaches should communicate and co-operate with other sports and allied professions in the best interests of their performers. An example of such contact could be seeking of:
- Educational and career counselling for young performers whose involvement in sport impinges upon their studies.
 - Sport science advice

Coaches must communicate and co-operate with registered medical and ancillary practitioners in the diagnosis treatment and management of their performers medical and psychological problems.

Integrity

- 1.13** Coaches must not encourage performers to violate the rules of their sport. They should actively seek to discourage and condemn such action and encourage performers to obey the spirit of the rules.
- 1.14** Coaches must not compromise their performers by advocating measures which could constitute unfair advantage. They must not adopt practices to accelerate performance improvement which might jeopardise the safety, total well being and future participation of the performer. Coaches must never advocate or condone the use of prohibited drugs or other banned performance enhancing substances.
- 1.15** Coaches must ensure that the activities training and competition programs they advocate and direct are appropriate for the age maturity experience and ability of the individual performer.
- 1.16** Coaches must treat opponents with due respect both in victory and defeat and And should encourage their performers to act in a similar manner. A key role for a coach is to prepare performers to respond to success and failure in a dignified manner.
- 1.17** Coaches must accept responsibility for the conduct of their performers and Discourage inappropriate behaviour in training competition and away from the sporting arena.

Advertising

- 1.18** Advertising by sports coaches in respect of their qualifications, training or services must be accurate and professionally restrained. Coaches must be able to

present evidence of current qualifications upon request. Evidence should also be available to support any claim associated with the promotion of their services.